THE PAW STREET JOURNAL

Eleventh Hour Rescue

Vol. 1
Summer 2014

Welcome to our first edition of The Paw Street Journal. There is something for everyone...yummy dog and cat recipes, fun facts, training tips, dogs and cats for adoption, happy tales and even an advice column to name a few! We have been working hard to put together something that we think you all will enjoy!

I also wanted to take a minute to thank the Eleventh Hour volunteers for all their hard work and dedication. Last year, we placed almost 3,000 companion animals. Not bad for a small grass roots organization! Without the support of the community and the passion of our amazing volunteers, many of those sweet animals we saved would not have made it out of the shelters alive.

Over the years, people have asked me if our volunteers get paid, and I have always answered with a firm "no" then explained that these wonderful and selfless individuals receive nothing for the time they donate to the organization. Well, I realized I have been lying. What price can you put on rescuing a dog and over time watching the hope and despair in his eyes turn to love and joy? How do you put a value on helping a kitten that was tossed out to fend for herself and was close to death turn that corner and thrive because of you? We, as volunteers, experience these types of miracles hundreds of times over, and I can tell you from my own personal experience there is no greater feeling then knowing you have made a difference.

While we may not draw paychecks for our service, Eleventh Hour volunteers are rich beyond compare. I personally have been the recipient of many kitty purrs, hundreds of doggies kisses and thousands of tail wags. If you measure wealth not by the money in you wallet, but by what is really important...the feeling of accomplishment and satisfaction knowing you have made a difference and that many hearts continue to beat today because you cared....well, then I guess I have to change my answer. In the future when asked if Eleventh Hour volunteers get paid, I will simply smile and say "yes EHR volunteers do get paid", and we are some of the wealthiest people I know!

Linda
Eleventh Hour Rescue

A MESSAGE FROM LINDA SHILLER

ABOUT ELEVENTH HOUR RESCUE

Eleventh Hour Rescue is a fully registered 501C(3), nonprofit, 100% no-kill, volunteer based organization dedicated to saving the lives of innocent dogs and cats on death row. Many of them are rescued at their Eleventh Hour when they are scheduled to be put to death by shelters that can no longer care for them. We give our dogs and cats medical attention, a safe place to live, and a second chance at a happy and fulfilled life.

Eleventh Hour relies solely on the generosity of our volunteers, the community and animal lovers everywhere.

K9-11 AVOIDING PET EMERGENCIES

SAFETY TIPS FOR THE DOG DAYS OF SUMMER

After a long, cold winter indoors, your pups will no doubt welcome the summer months with wagging tails. While we all know the obvious -- never keep a dog in the car unattended, never take your dog out unleashed, etc. -- there are a few other steps to help ensure that summer stays both safe and fun! Below are tips to keep you on the beach and out of the vet's office.

1. **IF IT HURTS FEET, IT CAN HURT PAWS** Nice long walks in the summer can be a great activity to share with your dog. Keep in mind that pup's paws are susceptible to pain and possible injury. Avoid walking your dog on hot tar or asphalt, and avoid paths with sharp rocks, glass or jagged seashells. Stick to walking on grass, dirt or light colored sidewalks. You can also look into paw protector balms and waxes that provide a great buffer from extreme heat and cold.

2. **HYDRATE THE RIGHT WAY** When you're out and about with your pup don't forget to bring the most important element....WATER. Always have a water bowl nearby filled with smaller amounts to prevent your dog from gulping too quickly, which can cause bloat. Offer cool instead of icy water, as just like us, dogs can have discomfort (similar to brain freeze) after drinking water that's too cold, too fast. And, while adding an ice cube to water can be a treat, keep in mind ice cubes can be a choking hazard if swallowed instead of chewed.

3. **EXERCISE AND HEAT** A dog's body is comfortable at lower temperatures than ours, which means summer feels even hotter for them. Keep your dogs inside during the hottest time of the day and plan activities around it. When you do exercise your pup, look for symptoms like excessive panting, disorientation, increased body temperature, blood in stool, and seizures as they may be signs of heatstroke. If you are concerned that your dog has heatstroke, pour cool water over their body and take them to the vet immediately. A good preventative measure is to give your dog somewhere to get wet. Set up a small wading pool for them to jump in or let them run under the sprinkler for a fun cool down. Not only will they stay occupied, but it also keeps heatstroke at bay.

4. **PESTS.** A great, non-toxic flea and tick deterrent is water and white vinegar. Fill a spray bottle with equal parts water and vinegar and spritz pets frequently. As well as repelling pests, the spritz is also a nice way to cool pets down on a hot summer day. As a bonus, it also helps keep dander to a minimum and fur shiny!

5. **FIREWORKS AND SUMMER STORMS** Fireworks spell good fun for people, but they can spook your pet. Some animals will bolt at loud noises or flashing lights, which means they can get hit by a car or run off into danger. If your dog or cat is spooked by loud noises, keep them inside at night and ALWAYS on a leash when outside. If you are planning on having fireworks around, remember that your pets don't know the difference between a Roman candle and a chew toy. Always be mindful of them potentially eating something toxic while unattended.

6. **BBQ'S** Having Fido along at a picnic or BBQ can be fun providing you steer them clear of unhealthy temptations. Summertime faves like mayonnaise-laden salads and saucy ribs are too rich for their digestive system, causing problems like pancreatitis. It's important for other guests to know that chicken bones, raisins, onions, chocolate and other party fare can be deadly to your pet. Also, think about your dog's personality before bringing them along. If they're wary of strangers or children or get frightened in big crowds, it might be best to keep them home.

7. **YOUR LAWN** Don't forget that safety begins at home. Common summer fertilizers and insecticides can be dangerous to pet's health. Be sure to check if the products on your lawn are toxic to pets, and if you've hired a landscaper or lawn-care company, make sure they are aware you require pet-friendly products only!

Oliver says "Have a fun and safe summer!"
Meet Oliver at www.ehrdogs.org

The Culinary Canine & Kitty Kuisine

TAIL-WAGGING VEGAN TREATS

3 3/4 cups whole wheat flour
1/4 cup milled flax seed
1/2 cup cornmeal
1/2 cup applesauce
1/2 cup pumpkin (canned)
2 T oil
1 t cinnamon
1 1/3 cups water

Mix dry ingredients then add wet. You can use an ice cream scooper to plop them on a sprayed cookie sheet (you can roll these out if you feel inspired) and then gently press down with fork. Bake at 325 approx 25-35 min until brown and crunchy (some dogs may prefer these softer). Measure the leftover pumpkin into 1/2 cups, put it into baggies and freeze it for future cookies. This makes a huge batch so you can freeze half for later and put the rest in the fridge. Take out to thaw a couple of hours before using, (don't nuke).

WOOFTASTIC DOGGIE MEATLOAF

- 2 pounds ground turkey or other meat (avoid pork or veal, which can be too fatty)
- 1 cup cooked organic oatmeal (We prefer a minimally processed steel-cut whole-grain oat, like Irish oatmeal or you can try other whole grains, such as brown rice or quinoa)
- 3/4 cup organic flaxseed meal or breadcrumbs
- 1/2 cup fresh organic parsley, finely chopped
- 2 large organic eggs
- 2 cups fresh or frozen organic vegetables (Use a variety of vegetables, such as peas, corn, diced cooked potatoes, and grated carrots; do not include onion.)

Preheat the oven to 350°F and place the oven rack in the middle slot. Mix all the ingredients together with your hands. Transfer the mixture to a loaf pan, roasting pan or a 13-by-9-inch baking dish and form a loaf in the center. Bake for 1 hour. Feed according to your dog's size and calorie needs. You can make a few of these at a time to freeze, using different flavors for variety.

Have a dog or cat food/treat recipe you'd like to share? Email to ehrnewsletter@gmail.com

MANGIA MEOW CHICKEN TREATS

1-½ cups cooked chicken, shredded
1 cup whole wheat flour
½ cup chicken broth
1/3 cup cornmeal
1 tbsp. softened margarine

While your oven is preheating to 350 degrees Fahrenheit, combine the chicken, broth and margarine, then add the cornmeal and flour. Knead the dough into a ball and then roll it out to ¼ inch. Cut into one-inch pieces and bake for 20 minutes on an ungreased cookie sheet.

PURR-FECT CHEESE TREATS

¾ cup shredded or grated cheddar cheese
¾ cup whole wheat flour
¼ cup sour cream or yogurt (plain)
¼ cup cornmeal
5 tbsp. grated Parmesan cheese

While your oven is preheating to 350 degrees Fahrenheit, combine all the ingredients into dough (add a touch of water if needed). Knead the dough into a ball and then roll it out to ¼ inch. Cut into one-inch pieces and bake for 25 minutes on a greased cookie sheet.

Sammy says "Yum!"

The Culinary Canine & Kitty Kuisine

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Sammy says "Yum!"

FI-DO'S & FI-DON'TS of Training and

INTRODUCING A NEW DOG TO YOUR PACK

So you've decided to adopt your second (or third) pup from EHR! You've picked the perfect dog to fit into your lifestyle, and though the new pup and yours at home are both considered "dog-friendly," there is still a right way and a wrong way to facilitate a smooth introduction. Keep in mind that pets may not adjust to their new siblings right away. Take it slow, be diplomatic, and supervise all interactions until everyone can be trusted to be on their best behavior. Over time and when done correctly, having a multiple dog household can be the most wonderful and rewarding experience for both you and your pets! Below are a few simple FI-DOS and FI-DON'TS when introducing a new dog to the house.

FI-DON'TS

- Don't throw two dogs together in a car, house, or yard and assume they will work it out. Even social dogs that seem to get along well need supervision for a few weeks.
- Don't keep the leashes tight when dogs first meet. The pressure from pulling only increases tension between dogs.
- Don't let the dogs rush up to one another or meet face-to-face. The proper way to introduce two dogs is to let them sniff each other's behind.
- Don't use a stern voice, telling the dogs to "Be good!" or "Be nice!" This can be intimidating and add pressure.
- Don't immediately introduce competition or conflict over popular toys, food, or bones.

FI-DOS

- Do make the first introduction on neutral territory, not in your home.
- Do keep both dogs on their leashes with each handled by a separate adult.
- Do maintain control. When both dogs think you're in control of the situation, they'll feel less anxious, fearful, and defensive.
- Do initially keep them separated by a baby gate, screen door, or other barrier so they have getting acquainted time. Doing so can help dogs gain interest in each other without invading the other's space.
- Do give each dog his own space to run away to in case of a confrontation. A brand new crate won't be the resident dog's property, so it gives the new dog a place to feel safe. Keep the door open so the new dog can go in whenever wants, but keep the resident dog out of the new dog's den.
- Do give both dogs plenty of attention and separate training time, especially your resident dog, who may be feeling neglected. Make sure he knows you aren't replacing him!
- Do be patient and supervise all interactions until they work it out.
- Do utilize the network of experienced volunteers and trainers at Eleventh Hour Rescue for support and advice post-adoption!

HAVE A TOPIC YOU'D LIKE TO SEE ADRESSED? EMAIL ehrnewsletter@gmail.com

Biscuit says "I just completed obedience training! Meet me at www.ehrdogs.org!"

Dear Labby & Tabby Advice from those who know best!

Have a canine quandary or feline fret? Look no further than our on the job experts!

Dear Labby,
I really want to have a job on TV. I went to school (classes at the local Petsmart) and interned (fetching the paper.) I have networked and auditioned for everyone my mom knows, I am a 2 year old Pekingese, And my mom tells me how pretty I am every day, so I must be. I can't seem to catch my big break. Can you offer any advice?
Signed,
Almost Famous in California

Dear Almost,
Are you giving "paw" as soon as you walk into these meetings? If so, then stop. People only seem to be impressed by "paw" when they ask for it. Also, you would do well to learn "other paw." It takes a while, but you will be happy to have that in your bag of tricks. You could even try getting a manager. Mine feeds me every evening and throws the ball. Try to pretend you like those crazy bandanas they put on us, and pose for more pictures. You are well on your way!!
Your furry, handsome friend,
Labby

Dear Labby,
I adopted my dog, Billy, 3 years ago and he is great. I recently started dating a guy that I really like a lot who wants to move in but he told me I have to get rid of Billy. I think he is jealous of the close relationship Billy and I have. I really love them both and don't know what to do. Can you give me any ideas?
Signed,
Torn in Memphis

Dear Torn,
match.com

Have a fun (or serious) question for Labby or Tabby? Submit to Labby or Tabby care of Kelly M. at ehrnewsletter@gmail.com

Dear Tabby,
My mom lets the dog go outside. He drools, whines, and poops on the flowers. And yet– he gets to go outside and enjoy life. Perhaps my mother fears my intellect and does not want me to frighten others. Do only the dumb ones go outside? Tabby, please enlighten me.
Signed,
Prisoner kitty

Dear Prisoner,
They most likely want the dog to run away. You are perfect and they need you to stay.
Yours,
Tabby

Dear Tabby,
I am a black cat. I am shiny, tolerant of people, and witty like no other. However, the other cats get adopted before me. The guy next to me got adopted last week and his fur was unkempt and his litter box smelled like bad decisions. What am I doing wrong? I just want a family to own.
Signed,
Sadly they named me "Mittens"

Dear Mittens
You are looking for a family who appreciates the beauty in black cats. They will come. They will realize that you are strikingly beautiful and will play with your toys to entertain them. They do exist, have you tried human finder? They list all the humans in the area. Here's a tip: Skip anyone holding an animal in a costume. You are better than that.
Yours,
Tabby

Gimme Shelter Facts from the world of Rescue

8 Amazing Facts about: Pet Adoption

Are you thinking about adding a new, furry friend to your family? Here are eight things you should know about adoption at large and its impact on our day-to-day lives:

1

72% of American households own a pet [That's 82.5 million households!]

2

Nine out of 10 pet owners consider their pets to be family members.

3

The oldest dog who ever lived was Bluey, who died at 29 years and five months! And Pinky, the oldest living cat, is 24!

4

Dog owners walk an average of 5 hours per week, while people without dogs walk only about 2 hours, 48 minutes.

5

44% of pet-owning households own more than one pet.

29% of pet-owning households own both a dog and a cat.

6

The average cost of basic food, supplies, medical care and training for a dog or cat is $600 to $900 annually. [That's less than $3/day.]

7

25% of shelter dogs are purebred.

8

5 - 7 million pets enter animal shelters every year, while 3 - 4 million are euthanized.

Sources: 1. American Pet Products Association "New Survey Reveals Pet Ownership at All-Time High" http://goo.gl/LuR7hN / 2. Harris Interactive "Pets Aren't Just Animals; They Are Members of the Family" / 3. "5 Pets with Guinness World Records" http://goo.gl/fkrPAy / Guinness World Records "Oldest Cat Living" http://goo.gl/IZnTTb / 4. ASPCA "Exercise for Dogs" http://goo.gl/XOzzmw / 5. American Pet Products Association "New Survey Reveals Pet Ownership at All-Time High" http://goo.gl/LuR7hN / 6. American Pet Products Association "2011 APPA National Pet Owners Survey" accessed via ASPCA.org http://goo.gl/X4VooX / 7. National Council on Pet Population Study & Policy accessed via ASPCA.org http://goo.gl/BC6ISK / 8. ASPCA.org "FAQ" http://goo.gl/BC6ISK

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DESIGNED BY Bentler Ink

And a few Amazing Facts About Eleventh Hour Rescue

Eleventh Hour Rescue (EHR) was founded in 2004 by Linda Schiller and originally operated out of her basement.

Eleventh Hour Rescue is a 100% NO KILL shelter, who takes dogs from high-kill shelters who are about to be euthanized and gives them another chance at life and a home.

Since 2004, Eleventh Hour has adopted out close to 9,000 cats and dogs!

Aside from a few paid staffers, EHR is entirely volunteer-driven. We have a solid network of dedicated dog/cat lovers who are known to be the best group of volunteers in the business!

One of our more famous rescues was Daniel the Beagle who survived the gas chamber.

EHR has enjoyed a lot of media coverage, including Anderson Copper, The Today Show, and Hoda and Kathy Lee. We've also been fortunate enough to have a great, ongoing relationship with WDHA.

Photos of a few senior dogs from EHR. were proudly included in photographer Nancy LeVine's book *Senior Dogs Across America*

FOREVER HOME! E.H.R. HAPPY TAILS

COOKIE WE ADOPTED COOKIE FROM MOPS THROUGH ELEVENTH HOUR ON SUNDAY AND WE COULDN'T BE HAPPIER WITH OUR NEW ADDITION!! SHE HAS ADAPTED TO HER NEW HOME AND ENVIRONMENT WONDERFULLY AND IS INCREDIBLY LOVING, ENERGETIC, INTELLIGENT AND VERY HAPPY HERE WITH US. ESPECIALLY WHEN IT'S BEDTIME.. SHE IS THE BIGGEST SNUGGLE BUG! JUST WANTED TO SAY THANK YOU FOR EVERYTHING AND FOR PROVIDING US WITH THE BEST ADDITION TO OUR FAMILY THAT WE COULD ASK FOR. WE LOVE OUR COOKIE!!

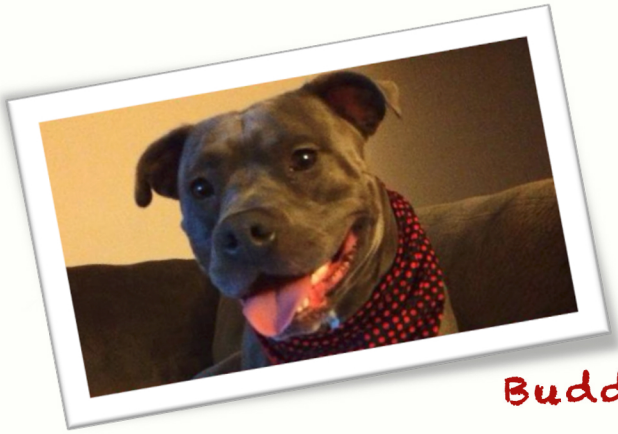
Cookie

RITA A YEAR AGO TODAY ELEVENTH HOUR RESCUE HELPED US BRING HOME OUR RITA! THE BEST PUPPY WE COULD EVER HAVE HOPED TO FIND. I'M NOT SURE WHO'S LUCKIER- RITA OR US!!

DUNKIN THANK YOU ELEVENTH HOUR!! IT'S DUNKIN'S (A.K.A. HAMLET) 2 YRS ADOPTION ANNIVERSARY!!! WE THANK YOU FOR SAVING HIM AND LETTING US ENJOY HIS UNCONDITIONAL LOVE! HE IS THE BEST FURSON AND BEST BIG FURBROTHER TO HIS SISTER. HE NOW SPENDS HIS TIME SUNNING, BOATING, AND SNUGGLING!!!

Dozer

DOZER REMEMBER THE 11 YEAR OLD SENIOR GUY, WHO WAS ON THE TODAY SHOW LAST MONTH? WELL HE FOUND HIS FOREVER FAMILY! HE IS EXACTLY WHERE HE NEEDS TO BE...WITH A FAMILY OF HIS VERY OWN WHO LOVES HIM.



Buddy

BUDDY ONE YEAR AGO BUDDY (FORMERLY ROSCO) CAME HOME. HE IS THE BEST PUP AND I AM VERY LUCKY TO HAVE HIM! THANK YOU!!

HAVE AN EHR HAPPY TAIL TO SHARE? EMAIL PHOTO & BLURB TO ehrnewsletter@gmail.com

Our Volunteers ROCK!

Want to be a HERO? Come to the *RESCUE*

Eleventh Hour Rescue is non-proft, no-kill, shelter that has saved thousands of innocent dogs and cats from deathrow at kill shelters who no longer want them. We take them in, provide medical care, food, shelter and a chance at a home and happy life.

BE AN EHR VOLUNTEER!

To achieve this, EHR relies heavily on our network of exceptional and dedicated volunteers. If you are looking for a fun and rewarding way to truly make a difference and help save lives EHR welcomes you! There are so many areas that we need help, including adoption events, kennel enrichment, fundraising, special events, dog walking, public relations, administrative, and facility upkeep. We value any time or effort you can give!

Questions? Contact volunteer@ehrdogs.org To learn more about our organization or to fill out a volunteer application visit ehrdogs.org

BRETT SAYS HOPE TO MEET YOU!

Write Us:
Eleventh Hour Rescue
P.O. Box 218
Rockaway, NJ 07866

Call Us:
(973) 664-0865

Email Us:
MainOffice@ehrdogs.org

Additional Contact Info:
F a x: 973-927-1333
Volunteer Opportunities:
Volunteer@ehrdogs.org

Sponsorship Opportunities:
Sponsor@ehrdogs.org

Fundraising Opportunities:
Fundraising@ehrdogs.org

To Drop off/Mail donations:
861 Route 10 East Randolph, NJ 07869
THE KENNEL IS NOT OPEN TO THE PUBLIC FOR ADOPTIONS

For Fostering Opportunities:
Foster@ehrdogs.org

For questions regarding your Adoption Application:
Applications@ehrdogs.org

www.ehrdogs.org